

Poster Guidelines

Poster Dimensions

Size: A1 format, 594 mm x 841 mm.

- You are free to use your own poster template and style, while respecting the instructions below.

Poster Content

- **Language:** Posters should be written in a Nordic language or English and be a stand-alone visual representation of your submitted abstract.
- **Title:** The title of your poster should appear at the top with lettering of at least 42 pt. font size. Below the title, place author names, titles and email addresses.
- **Text:** Important text should be readable from 1,5 m away. Use a minimum font size of 17 pt. Keep the text brief. Introduce the study, explain visuals and direct viewers' attention to significant data and relationships portrayed in the visuals, state and explain the interpretations that follow from the data. Please add future research plans or questions for discussion with viewers. Introduction and conclusion are the two most important parts of the poster that may invite further discussion. Make them concise and visual.
- **Figures:** Each figure should have a brief title. Figures should be numbered consecutively according to the order in which they are mentioned in the text. Feel free to use color figures rather than only black and white text to make your poster attractive. Make sure that the text and the visuals are integrated.
- Please note that your poster must be prepared well in advance. There will be no time or materials available for preparations at the congress.

Poster Display

All authors must post their poster on the designated panel in the morning of the first day of the congress.

Tacks/magnets will be provided to attach the poster to the panel.

Please remove your poster before the end of the congress, or it will be discarded.